



Welcome  
to  
Pike Hills Golf Club  
Junior Coaching

PIKE HILLS GOLF CLUB

## **Our Aims and Ethos**

*'The aim of coaching golf at Pike Hills Golf Club is to provide the knowledge and skills to allow each individual to reach his/her potential at golf, in a caring, friendly, fun and safe environment, and to develop his/her performance together with the understanding of the rules and etiquette of the game of golf.'*

Pike Hills Golf Club is continually striving to improve the standard of coaching for Junior Members, with or without handicaps, and for those who attend coaching sessions. Pike Hills Golf Club achieved the new GolfSafe accreditation through England Golf in 2020.

Coaching is led by the Pike Hills PGA Professional Craig Smith and Hazel Cushing PGA Volunteer Coach. Coaches, Junior Committee Members and Volunteers assist. David Richmond is the York Union of Golf Clubs Junior Team Coordinator.

All coaches who have regular contact with your child have been checked through the Data and Barring Service and have attended courses on Safeguarding & Protecting Children. Pike Hills Golf Club's Safeguarding & Protecting Children Policy is on the website in the Junior Section and a hard copy may be viewed on the noticeboard to the left by the office door. Information regarding Pike Hills Golf Club Welfare Officer may be found on the main noticeboard.

Occasionally, golfing parents may also be asked to help during a coaching session if the numbers require extra adult supervision or to help with the organisation of a mini competition.

You are welcome to use the excellent catering facilities in the Club House while your child is enjoying his/her coaching session: the coaches have found that children progress quicker and focus more if there are no distractions.

## **What we aim to teach**

The different aspects of golf

- Putting
- Chipping
- Pitching
- Bunkers
- Long game
- The understanding of when and where to use the different types of shot on the course.
- Simple games and scoring
- Competitions - different formats and scoring
- Basic terminology of golf
- Basic rules and etiquette
- Health and Safety on the course

## **The Coaching Season**

Coaching generally takes place on Saturday at the beginning of the golfing season in April, through to the end of September. Each session lasts one hour.

During the winter months additional sessions may take place. This will depend on

- The availability of the coaches.
- The age and/or ability of the child.
- At the discretion of the PGA Professional.
- The weather

## **Cost**

The cost depends on the number of weeks during the coaching period, and the days when coaching cannot take place as the range is being used for other purposes directed by the Club. Junior Members pay less for coaching than those who are non-members. Coaching fees are collected on the first day your child/children attend. This charge allows the Junior Section to remunerate the PGA Professional and to replenish equipment.

Please see the most recent charges on the website under Junior Section

## **Health and Safety**

We take Health and Safety very seriously and the well-being of your child is very important to us. Please complete the Player Profile & Consent Form as required by England Golf and return it immediately. It is vital that we have your contact details and any medical information about your child. These details are kept in the strictest confidence. Please let us know any changes such as a new telephone number or any relevant medical details.

You can help to keep your child safe when he/she arrives for the session by following the safety rules -

### **Crossing the 15<sup>th</sup> Fairway**

To gain access to the practice ground you will have to cross the 15<sup>th</sup> Fairway. Please use **the road** (not the grass) and stop and look to the right to observe if golfers are playing that hole. Golfers on the 15<sup>th</sup> on the Tee have priority unless they ask you to cross.

### **The car park**

Cars are continually entering and leaving the car park, and Saturday is a very busy time of the week and parking is limited at the range. Please walk with your child across the car park and insist that they walk and not run. Cars reversing out of parking spaces do not always notice a small child if he/she is running. Please look for a space in the main car park first and walk across to the range taking care when crossing the 15<sup>th</sup> fairway. If there are no spaces, then park carefully at the range car park. Do not block the access to cars already in the car park, if you intend to spend some time in the clubhouse, as a member may have finished their round and wish to leave. Also please do not park in front of the entrance to the tractor shed unless you are waiting in your car.

### **The practice ground**

**Your child will be asked to wait in the 'safety zone'** marked out with cones until the session is to commence. They must not swing golf clubs or play practise golf shots in the safety zone or anywhere around the practice ground until the lesson commences. Children must listen carefully to instructions; particularly when to start hitting balls and when to stop

### **Young children and children with disabilities**

Parents/guardians of children under the age of five years must remain with their child to give support and encouragement and to aid the coaches in giving instructions.

Parents/guardians of children with any disability, and of any age, who require one to one support to aid their learning, must remain with the child.

### **Cloakroom Facilities**

There are no toilet facilities on the range therefore a child is required to use the clubhouse. Please ensure your child/children have used the toilet prior to the coaching session. Young children must be accompanied by an appropriate adult. Please be aware of the danger when crossing the 15<sup>th</sup> fairway and car park to use the cloakroom facilities. Proceed through the main entrance; the ladies is to the left and gentlemen to the right.

### **Machinery**

Each weekday and very occasionally at a weekend the groundsmen will be working on the course using a variety of machinery. The groundsmen have priority on the course and you and your child must make yourselves aware of any work that is being carried out near the practice ground. If your child is playing on the course he/she must wait until the groundsmen have moved away/cleared the green or wait to be asked to play his/her next shot.

### **Risk from Chemicals**

From time to time chemicals are used on the putting green and the surrounding area and on the course. Please ask your child not to lick their fingers or any equipment. Hand sanitiser is available and we encourage the children to use this at the beginning of each lesson.

### **Litter**

Please do not leave any litter (sweet/crisp packets and bottled or canned drinks). There is a waste bin provided in the driving range. Cans and glass bottles may cause injury if left on the ground and a child should fall.

### **Registration and collection after the lesson**

Your child will be registered at the beginning of the session.

It is important that your child waits with the coaches until collected. Any child not collected will be taken to wait in the Professionals shop. Please inform the club if you may be late.

Professional's Shop - 01904 700797 Option 2

The coaches will always remind the children of these safety rules and your reinforcement would be most appreciated.

### **Clothing and Equipment**

The Junior Section has a variety of equipment that children can use during the session both 'Tri Golf' equipment and real junior golf clubs. You may wish to purchase a small set of clubs to help your child make progress. Please speak to the Professional about suitable golf clubs, as the size and weight will depend on your child's age, height and physical ability.

We ask that you provide suitable clothing for each session.

Comfortable trousers/shorts/skirts with a shirt/T-shirt/polo shirt, trainers and outdoor shoes may be worn. The practice ground is quite open and often windy; therefore a pullover and/or jacket may be necessary even into the summer months. Waterproof trousers and jacket can also help against the wind as well as the rain.

There is a strict dress code for Junior Members playing the course and this may be found on the website. Juniors playing the course during coaching sessions are not required to adhere to this code but we would like our juniors to be dressed smartly.

Please provide your child with sun cream as they will be outdoors for the whole session, a peaked cap or sunhat may be worn to shield his/her eyes from the glare of the sun.

Particularly on warm days please provide a drink as a child may become dehydrated when exercising.

Junior Members must abide by the strict dress code of Pike Hills Golf Club when playing on the course and in the Club House.

### **Junior Membership**

Except during coaching sessions our young golfers are not allowed on the Golf Course until they become Junior Members. Once a certain stage in development is reached he/she will need to test the skills learnt on the Golf Course and gain a handicap. Details of how to gain a handicap is available through the Ladies Handicap Secretary for the girls and the Competition Secretary for the boys. Please ask one of the coaches or volunteers on how to contact the secretaries.

### **Becoming a Junior Member**

Any junior wishing to become a member of Pike Hills Golf must complete a Membership Form available from the Office. Please see the website for the current membership fees.

Telephone number - 01904 700797 Option 5 or call in during the week and speak to General Manager

### **Times of Sessions and Groups**



Saturday - first group at 1.00 pm and second group 2.30 pm. Each lesson last one hour.

### **Where to meet**

Please arrive 5 minutes before the session commences to register, and meet at the Practice Ground, unless informed otherwise



**Take care when crossing the Car Park and the 15<sup>th</sup> Fairway**

**Note - at the end of the session all juniors must wait with a coach until collected.**

### **Cancelled Lessons**

If a lesson has to be cancelled you will be informed by email in advance. However, there are times when the lesson has to be cancelled at short notice because of inclement weather or the threat of a storm. If unsure please contact the Professional's Shop on 01904 700797 Option 2 to check about an hour before the lesson is due to commence.

### **The Driving Range**

Junior Members may use the driving range to practise their skills and technique. They must abide by the club rules whilst using this facility. Non-members who attend the junior coaching may also use the range but must be accompanied by an adult.

### **Private Lessons**

Individual lessons are available through the Professional. Please contact Craig Smith who will be pleased book a lesson and provide you with current price. Professional's Shop - 01904 700797 Option 2

**Parents should be aware that if children are left on the club premises other than to attend club coaching sessions, competitions, or other club events the club cannot accept supervisory responsibility.**

### **Competitions and Notices**

There are many competitions that take place during the year once a junior has gained a handicap. Junior Members - boys and girls may enter club competitions. A Junior Notice Board is situated inside the Driving Range and in the Ladies' and Gentlemen's Locker Rooms. Competitions specifically for junior members, both at Pike Hills and Open Competitions at other clubs, will be posted on the boards. Please take time to read the notices and enter competitions whenever possible as these will test skills and knowledge of play.



*As well as learning the skills in playing the game of golf we hope that your child will gain greater self-confidence, develop friendships with others and achieve in a competitive environment that challenges them, but most of all to have fun and enjoyment.*

### **Telephone Numbers**

Professional's Shop - 01904 700797 Option 2

Pike Hills Golf Club Office - 01904 700797 Option 5